

WELLNESS COMMITTEE CHARTER

I. COMMITTEE MEMBERS

- Jake Berst, Pretrial & Community Service
- PJ Biodrowski, IS
- Sarah Black, Assessor
- Char Blaha, Clerk District Court
- Sharon Boehmer, Human Services
- Scott Bovick, Administration
- Karen Buche, Human Resources
- Beth Garber, Purchasing
- Dixie Greenberg, Public Defender
- Kenjala Johnson, Clerk
- Sue Johnson, Treasurer
- Lynn Kimball, Child Support (County Attorney)
- Linda Lape, Register of Deeds
- Dale LaSonde, Sheriff
- Dean Loftus, Diversion
- Danica Manchester, 911
- Angie Nelson, Election
- Leigh Pleiss, Clerk
- Judy Shook, Public Works
- John Simonson, Facilities
- Tami Steensma, JJC
- Fred Uhe, Administration
- Kristine Vickery, Human Resources
- Linda Welles, Human Resources
- Jennifer Jacobsen, Lockton & Associates
- McKinsey Mulroy, Tobacco Free Sarpy
- Monica Ulses, Sarpy-Cass Health Department
- Mike Williams, Williams-Deras

II. PURPOSE

To promote the health and wellness of participants through education and initiatives that:

- Encourage habits of wellness,
- Increase awareness of factors and resources contributing to well-being,
- Inspire and empower individuals to take responsibility for their own health, and
- Support a sense of community.

III. AUTHORITY

The Wellness Committee may develop and recommend for implementation any features of the program that are consistent with the concept of Wellness, do not discriminate against any individual and/or group, are legally compliant, and do not require monetary resources available within the Board approved budget that have not already been ear-marked for other Wellness initiatives.

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IV. MEMBERSHIP

In order to attain successful implementation of the Wellness Program, initial committee membership should be for a minimum of two (2) years. However, recognizing that unique circumstances may arise, members are permitted to resign their seat on the committee. If it becomes necessary to do so, the committee will determine whether the timing is appropriate to seek an individual to fill the vacant seat.

If a committee member misses three (3) consecutive meetings without advance notification to the Team Leader, the committee member will have been deemed to resign his/her seat on the committee.

Individuals with specialized expertise may be “ad hoc” members of the Committee for periods where this need exists. Ad hoc members are not required to serve the two (2) year term.

V. ORGANIZATIONAL STRUCTURE

The Committee will select from its members as Team Leader, Facilitator, and Record-keeper. These roles should be rotated annually.

VI. PROCEDURES

Minutes will be kept for each meeting. The minutes will be prepared and distributed to the Committee Members within five (5) business days of a meeting. The minutes will contain a brief summary of discussion, consensus reached, next steps, and assignments.

Decisions will be reached through consensus rather than majority vote. Consensus means an acceptable resolution, one that can be supported, even if it is not the favorite or preferred of each individual. Basically, it receives the consent of all participations to the decision.

Written reports may be necessary when making recommendations to the County Commissioners regarding certain aspects of the Wellness Program or activities or as needed with respect to seeking funding for the Wellness Program.

While members are expected and encouraged to discuss the Wellness Program within the County’s community, committee members should refrain from reporting opinions expressed in meetings to ensure committee members feel comfortable speaking freely during meetings. Once consensus is reached, the committee’s decision should be discussed openly with those in the County’s Wellness community.